

Take this invitation to document your life-changing moment. It doesn't have to be perfect, just honest. Start with a single event, and let the words flow. Your story is powerful. It deserves to be told.

**My Story**

**What happened?**

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**When and where did it happen?**

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**How did you feel?**

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**How did it impact you and those around you:**

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**What did you learn?**

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**What did you resolve to do?**

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